



Oven Safety

All the steps to oven safety are designed to keep you from getting burned. The oven gets very hot exactly what it is designed to do!

Arrange the racks in the oven to the correct level before preheating the oven.

Make sure children are tall enough to safely turn the oven on and off. Do not reach across hot burners!

Pull out racks when moving food in to or out of the oven.

Always use dry, heavy hot pads or an oven mitt to place food in or to remove food from the oven. Wet pot holders can allow fingers to be burned in a split second!

Very young children should never put food in or take it out of the oven. Parents should do this until kids are old enough to handle the weight of the dishes and avoid getting burned. Use both hands to place food in the oven and to take food out.

Be careful when opening and closing the oven door so clothes or fingers do not get caught or burned. The outside of the oven can become very hot when baking.



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Always turn the oven off after you are done baking. Set the timer as a reminder to turn off the oven.

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For recipes: Contact your county extension office in Kansas or visit the website at www.kidsacookin.ksu.edu

This institution is an equal opportunity employer. This material was funded by USDA's Food Stamp Program through a contract awarded by the Kansas Department of Social and Rehabilitation Services. The Food Stamp Program provides nutrition assistance to people with low income. To find out more, contact your local SRS office or call 1-800-221-5689.

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