



Blender Safety

- Blenders can be a great help in the kitchen, and can be safely used by kids with some instruction.
- Parents, you'll want to be sure that your child is familiar with your blender's operation.
- Show them how to use the blender safely.
- It should always have the lid secure when you turn it on.
- Solid items that are frozen, must be thawed before blending.
- And the blender must be thoroughly cleaned between uses.
- Adults, this is probably something you want to do because of the sharp blades that are inside. They are just like knives in the bottom.
- Also, be sure you never insert a spoon, or anything into the blender when its running. Always turn it off before you stir it up.
- Be sure your hands are dry before you plug the blender in, or unplugging the blender.
- With some safety training, kids can use blenders.

For recipes: Contact your county extension office in Kansas or visit the website at www.kidsacookin.ksu.edu

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