



Basic Oven Safety

Many simple recipes share use of the oven as a common feature. Young children, and those not familiar with baking, may need some help with safely putting pans into a hot oven, and carefully removing them. Show them how to pull the rack out to keep from having to reach in the hot oven. Remind young bakers to use pot holders that are thick and dry—not towels. Be sure to have a heat-proof surface ready for the hot pan BEFORE it is removed from the oven. Once these basic oven safety lessons are learned, a new cook will gain skill and confidence in the kitchen.

For recipes: Contact your county extension office in Kansas or visit the website at www.kidsacookin.ksu.edu

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