



Using Garlic in Recipes

Garlic is often called for in recipes and is easy to chop.

Garlic is grown as a bulb or a head, which are made of many sections called cloves.

When you break it open, you can see there's many little sections in there, and when you break one off, that's the clove.

It look's like this.

Just be sure that if the recipe calls for one clove of garlic, you are using just one section and not the whole bulb.

Another kitchen time saver is pre-chopped garlic.

You can find it in the produce section of the grocery store. Just remember that one half teaspoon equals one clove.

For recipes: Contact your county extension office in Kansas or visit the website at www.kidsacookin.ksu.edu

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