



## How to Measure Shortening

Salad oil and melted margarine or butter are liquid shortenings and can be measured in the same way as liquids. Look at the line at eye level for correct measurement.

Measure vegetable shortening by packing it firmly, right to the top of the measuring spoon or cup. Press into cup to remove trapped air. Level off the shortening with flat side of a table knife, putting the extra back in the container. To remove shortening from the measuring cup or spoon, use a rubber spatula.

For recipes: Contact your county extension office in Kansas or visit the website at [www.kidsacookin.ksu.edu](http://www.kidsacookin.ksu.edu)

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