



Quick and Easy Breakfast

French toast can be prepared and baked in the oven to save some precious minutes in the morning.

Just pop the baking sheet in the oven, set the timer, and continue getting ready. There's no need to stand over a skillet and cook.

Enjoy the delicious flavor of French toast without the hassle!

For recipes: Contact your county extension office in Kansas or visit the website at www.kidsacookin.ksu.edu

This institution is an equal opportunity employer. This material was funded by USDA's Food Stamp Program through a contract awarded by the Kansas Department of Social and Rehabilitation Services. The Food Stamp Program provides nutrition assistance to people with low income. To find out more, contact your local SRS office or call 1-800-221-5689.



Quick and Easy Breakfast

French toast can be prepared and baked in the oven to save some precious minutes in the morning.

Just pop the baking sheet in the oven, set the timer, and continue getting ready. There's no need to stand over a skillet and cook.

Enjoy the delicious flavor of French toast without the hassle!

For recipes: Contact your county extension office in Kansas or visit the website at www.kidsacookin.ksu.edu

This institution is an equal opportunity employer. This material was funded by USDA's Food Stamp Program through a contract awarded by the Kansas Department of Social and Rehabilitation Services. The Food Stamp Program provides nutrition assistance to people with low income. To find out more, contact your local SRS office or call 1-800-221-5689.