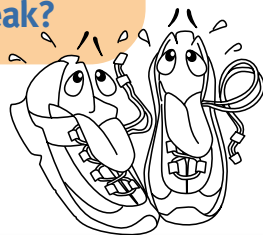


# Move More. Sit Less.

FUNNIES

What has 2 tongues, but can't speak?



Power Panther says... Be a doer, not a watcher - go out and be active! Instead of watching TV, take a walk. I can walk 1 mile in 15 minutes - can you?



## WORD SEARCH

Look at the words in the Word List on the left. They go up, down, backwards, and on an angle. The leftover letters spell the answer to the secret word.

### Word List

- row
- carrots
- waffle
- dance
- egg
- ziti
- yogurt
- breakfast
- dunk
- rice
- bread
- basket
- football
- salsa
- pear
- burrito
- peas
- swim

SECRET WORD: \_ \_ \_ \_

F	J	W	W	A	F	F	L	E
B	O	T	I	R	R	U	B	C
R	Y	O	G	U	R	T	A	A
E	I	G	T	M	I	W	S	R
A	E	C	I	B	U	L	K	R
D	D	T	E	P	A	M	E	O
P	I	U	E	S	E	L	T	T
Z	D	A	N	C	E	A	L	S
B	R	E	A	K	F	A	S	T

POWER POINTS

Bored? Turn on the music and dance around the house.



Power Panther™ says... Eat Smart. Play Hard.™